# **SPRING VALLEY**

# December 2019

### **GRADES K-12 MENU**

\* \* \* Menu may change \* \* \*

#### **BREAKFAST PRICES x's 15 DAYS**

Grades K-12: \$1.85/day or \$27.75/month Reduced: \$0.30/day or \$4.50/month Adult/Visitor \$2.70/day or \$40.50/month

THE COAT

#### **LUNCH PRICES x's 15 DAYS**

Grades K-5: \$2.60/day or \$39.00/month Grades 6-12: \$2.90/day or \$43.50/month Reduced: \$0.40/day or \$6.00/month Milk: \$0.40/day or \$6.00/month Adult/Visitor \$3.70/day or \$55.50/month

EDID AT

Pay your food service account on-line.

#### Spring Valley Schools district home page, Family Access or On-line Payment buttons WEDNIEGDAN

| MONDAY               | TUESDAY                      | WEDNESDAY             | THURSDAY             | FRIDAY                 |
|----------------------|------------------------------|-----------------------|----------------------|------------------------|
| 2                    | 3                            | 4                     | 5                    | 6                      |
| BREAKFAST            | BREAKFAST                    | BREAKFAST             | BREAKFAST            | BREAKFAST              |
| Stuffed Hash Brown & | Breakfast Pizza              | Pancake Bites         | Bacon & Egg Scramble | Banana Bread &         |
| Muffin               |                              |                       |                      | Smoothie               |
| LUNCH ENTREES        | LUNCH ENTREES                | LUNCH ENTREES         | LUNCH ENTREES        | LUNCH ENTREES          |
| -Chicken Nuggets     | -Pizza Crunchers             | -Cardinal Burger      | -BBQ Rib             | -Pizza Fries           |
| Bread                | Marinara Sauce               | -Fruit & Yogurt Plate | -Brat                | Marinara Sauce         |
| -Meatball Sub        | -Breaded Pork Chop           | Muffin                |                      | -Corndog               |
| Sides                | Sides                        | Sides                 | Sides                | Sides                  |
| Sweet Potato Tots    | Edamame                      | Peas                  | Baked Beans          | Cauliflower            |
| Corn                 | Craisins                     | Tator Tots            | Raw Veggies & Dip    | Sliced Peaches         |
| Sliced Pears         |                              | Mixed Fruit           | Warm Cinnamon        |                        |
|                      |                              |                       | Apple Slices         |                        |
| 9                    | 10                           | 11                    | 12                   | 13                     |
| BREAKFAST            | BREAKFAST                    | BREAKFAST             | BREAKFAST            | BREAKFAST              |
| Oatmeal Chocolate    | Breakfast Pizza              | Pancake Bites         | Bacon & Egg Scramble | French Toast Bites &   |
| Chip Round           |                              |                       |                      | Yogurt                 |
| LUNCH ENTREES        | LUNCH ENTREES                | LUNCH ENTREES         | LUNCH ENTREES        | LUNCH ENTREES          |
| -Baked Potato        | -Chicken Chow Mein           | -Spaghetti            | -Popcorn Chicken     | -Italian Dunkers       |
| Diced Ham/Cheese     | Rice                         | Garlic Bread          | -Eggroll             | Marinara Sauce         |
| Dinner Roll          | -Fish Nuggets                | - Shredded BBQ Pork   |                      | -Breaded Chicken Patty |
| -Hot Dog             |                              |                       |                      |                        |
| Sides                | Sides                        | Sides                 | Sides                | Sides                  |
| Broccoli             | Carrots                      | Green Beans           | Baked Beans          | Corn                   |
| Applesauce           | Sliced Peaches               | Raisins               | Rice Pilaf           | Craisins               |
|                      | 4-                           | 10                    | Juice Cup            |                        |
| 16                   | 17                           | 18                    | 19                   | 20                     |
| BREAKFAST            | BREAKFAST                    | BREAKFAST             | BREAKFAST            | BREAKFAST              |
| Stuffed Hash Brown & | Breakfast Pizza              | Pancake Bites         | Bacon & Egg Scramble | Banana Bread &         |
| Muffin               | I IIII GII ENTERE            |                       |                      | Smoothie               |
| LUNCH ENTREES        | LUNCH ENTREES                | LUNCH ENTREES         | LUNCH ENTREES        | LUNCH ENTREES          |
| -Salisbury Steak     | -Soft Shell Taco             | -Tater Tot Hotdish    | -Cheese or Pepperoni | -Orange Chicken        |
| Bread                | -Pizza                       | Breadstick            | Pizza                | Rice                   |
| -Breaded Pork Chop   |                              | - Fish Sticks         | -Chicken Alfredo     | -Hamburger             |
|                      |                              |                       | Breadstick           | Peppermint Stick       |
| Sides                | Sides                        | Sides                 | Sides                | Frozen Yogurt          |
| Sides<br>Cauliflower | Refried Beans                | Peas                  | Green Beans          | Sides<br>Broccoli      |
| Mashed Potatoes      |                              | Warm Cinnamon         |                      |                        |
| Cranberries          | Spanish Rice<br>Sliced Pears |                       | Strawberry Cup       | Pineapple Tidbits      |
| Cranberries          | Suced rears                  | Apple Slices          |                      |                        |

| MONDAY    | TUESDAY   | WEDNESDAY | THURSDAY             | FRIDAY               |
|-----------|-----------|-----------|----------------------|----------------------|
| 23        | 24        | 25        | 26                   | 27                   |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | NO SCHOOL            | NO SCHOOL            |
| 30        | 31        | 1         | 2                    | 3                    |
|           |           |           | BREAKFAST            | BREAKFAST            |
|           |           |           | Bacon & Egg Scramble | French Toast Bites & |
|           |           |           |                      | Yogurt               |
|           |           |           | LUNCH ENTREES        | LUNCH ENTREES        |
| NO SCHOOL | NO SCHOOL | NO SCHOOL | -Cheeseburger        | -Cheese Bites        |
|           |           |           | -Calzone             | -Fish Sandwich       |
|           |           |           | Sides                | Sides                |
|           |           |           | Peas                 | Tomato Soup          |
|           |           |           | Curly Fries          | Craisins             |
|           |           |           | Mixed Fruit          |                      |

K-12 BREAKFAST INCLUDES: Milk, juice & applesauce / ALTERNATIVE CHOICE: Cold cereal or Cereal bar

K-12 LUNCH INCLUDES: Fresh fruit, salad bar, and milk choice (1% white and 1% chocolate)

K-12 LUNCH: All sandwiches are served with whole grain bun or bread

6-12 LUNCH ALTERNATIVES: 3<sup>rd</sup> choice item will be posted daily

You will be receiving a phone call from the Spring Valley Food Service Department when your family lunch account balance reaches \$3.00. If we are unable to reach you or leave a message, a letter will be sent.

If your account reaches a negative \$10.00 balance, NO more purchases will be allowed.

You can access your family lunch account through the school web site @ www.springvalley.k12.wi.us. If you have any questions concerning your family account, please contact Amy Fisher at 715-778-5551 ext. 5109.

\*\*\* Mail payments to: School District of Spring Valley, Attn: Food Service, P.O. Box 249, Spring Valley, WI, 54767 \*\*\*

Breakfast is served daily at 7:45 am until the first bell rings.

# Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

School Year 2019-2020 applications are now available on our school web site and school offices.



### Seasonal Work- Change in Income- Change in Household Numbers

Remember, you may apply or reapply for free or reduced meals at any time during the school year. Applications are available in both school offices, can be mailed to you or printable on-line from our S.V. School District site, <a href="www.springvalley.k12.wi.us">www.springvalley.k12.wi.us</a> (District Information-School Board-S.V. District Forms).

Please call or e-mail with any questions.

Amy Fisher

715-778-5551 fishera@springvalley.k12.wi.us



### Free and Reduced Breakfast/ Lunch Program:

Remember a new application must be filled out every school year.

All families are encouraged to fill out a free/reduced application. This helps our district in many areas, not just food service.

Remember a new application must be filled out every school year. If there is a change in income or household size throughout the school year a new application can be filled out.

School Year 2018-2019 applications are now available on our school web site and school offices.

Breakfast is served daily at 7:45 am until the first bell rings.

Cold Lunch/Brown Bag Lunch is available from the school kitchen for Field Trips. You will be charged your normal lunch rate. Please let the food service staff know ahead of time when you will need a lunch to go.